International Seminar on SOCIO-ECONOMIC AND MENTAL HEALTH BURDENS OF HIV/AIDS IN DEVELOPING COUNTRIES

21 – 22 November 2011 Palace of the Golden Horses, Kuala Lumpur, Malaysia

Session 3: Care Delivery and Response from the Frontline

Session chair: Mr. Azrul Mohd Khalib (UNTG)

PLENARY SPEECH

Kevin Baker (programme Director MSM Poz – Communications Manager at PT Foundation)

Running an effective psycho-social support programme for positive MSM in Malaysia

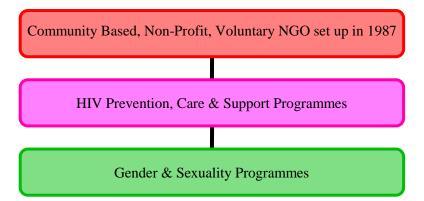
Agenda

PT Foundation history and service delivery

MSM PLHIV in Malaysia – the reality

MSM Poz explanined

About PT Foundation



PT Foundation



PLHIV - Positive Living

Drop-in Center	Outreach
- Support group for people living with HIV	- Befriend, empower and enroll
(PLWHIVs)	- Assistance to hospitals
- Medical referral and HAART treatment	- HIV/AIDS prevention, support and care
- Counseling, empowerment, social &	- Counseling & referrals
psychological support	- Welfare & legal aid
- Lobbying, advocacy & networking	- Media advocacy and collaboration with
- Islamic religious classes	human rights groups and academia
- Sub-groups for transsexuals and drug users	

MSM – Men who have sex with men

Drop-in Center	Outreach
 Support group sessions 	Outreach to:
 Telephone counseling 	• Clubs

Drop-in Center	Outreach
 Safe sex awareness & behavioral change 	 Cruising parks
programmes	 Saunas
 Anonymous HIV screening & counseling 	 Massage parlors
 Welfare & legal aid 	Website & internet outreach
 Media advocacy and collaboration with human rights groups and academia 	Counseling & referrals

MSM Poz

- Volunteer peer led monthly support group set up in 2009
- Self funded and directed
- Supported by positive living and VCT services at PT foundation
- 20 members per month
- Applied for MAC AIDS Fund funding in 2010
- Currently we have 1 fulltime and 3 part-time staff and 8 volunteer facilitators
- Have 3 clients groups:
 - New diagnosed
 - Newly medicated
 - Long term PLHIV
- Continue to be peer directed but established an advisory board in 2011

MSM Poz programmes

- Outreach in 3 clinical settings HSB, UMMC and safe clinic
- Monthly support group
- Buddy system
- Training:
 - Newly diagnosed
 - Treatment literacy
 - Disclosure
 - Facilitator
- Communication element:
 - Brochures in hospitals promoting the service
 - Closed Yahoo group
 - Closed Facebook group with 4 facilitators and 200 active members
 - Dedicated website in 3 language
- Social events and retreats

MSM Poz result

- In 2011 we will have reached out to 630 clients with an average of 16 clients per week being supported face to face
- Over 100 clients will have been trained in 5 trainings
- Website and BCC materials developed in 3 languages
- Over 25 participants at our monthly gatherings

MSM Poz challenges

- Confidentiality and trust
- Resources staff, finance
- Consistency of service reach
- Expertise drug use, legal support, positive prevention, access to tests and medicines

MSM Poz next steps

- Funding secured for 2012 from MAC AIDS fund
- Participating in national and international forums and advocacy
- Providing technical assistance to launch MSM Poz in 2 other locations in Malaysia

